



THE HOG'S BACK  
LEISURE CLUB & SPA

# The Hog's Back Hotel & Spa

Seale, Farnham, Surrey, GU10 1EX

## Leisure Club

01252 784811

[leisure@farnhamhogsbackhotel.co.uk](mailto:leisure@farnhamhogsbackhotel.co.uk)

## Hotel Reception

01252 782345

[res@farnhamhogsbackhotel.co.uk](mailto:res@farnhamhogsbackhotel.co.uk)



## Membership Prices (2020)

### Single Membership

Monthly £49.00 Annual £529.20

### Double Membership

Monthly £90.00 Annual £972.00

### Student Membership

Monthly £35.00 Annual £378.00

### Junior Membership 5-16 Years

Monthly £15.00 Annual £162.00

**£10 Joining fee for all Adult memberships.**

Corporate Membership is available, speak to staff for more details.

## Membership Benefits

- Free fitness program made to suit you
- Use of leisure towels
- 20% off beauty treatments *(Available Monday-Friday Only)*
- 20% off food and hot beverages within the hotel
- Members can bring a maximum of 2 guests  
*(at the cost of £10 per adult, under 16's £5)*
- Children 5 and under are free
- Membership includes all classes

## Opening Hours

Monday – Friday

06:00 – 21:30 *(pool 06:30 – 21:15)*

Saturday – Sunday

07:00 – 20:00 *(pool 07:30 – 19:45)*

# Class Timetable

## Monday

Pilates	09:00-10:00
HIIT Circuits	18:15-19:15
Indoor Cycling	19:00-19:45

## Tuesday

Yoga	09:30-10:30
Indoor Cycling	18:30-19:15

## Wednesday

AquaFit	18:00-18:45	<i>*the pool will be closed</i>
Indoor Cycling	19:00-19:45	

## Thursday

Circuits	18:15-19:15
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## Friday

Yoga	09:30-10:30
Indoor Cycling	19:00-19:45

All classes are £6 per person  
Free for members and hotel guests

# Spa Treatment Prices (2020)

## Discovery Facial

£33.00 (30 Mins)

## Ultimate Vitamin Glow

£66.00 (60 Mins)

## Back, Neck & Shoulder or Full Body Massage

£35.00 (30 Mins) £70.00 (60 Mins)

## Warm Stone or Bamboo Massage

£35.00 (30 Mins) £70.00 (60 Mins)

## Indian Head Massage

£35.00 (30 Mins)

## Spa Manicure or Pedicure

£25.00 (30 Mins) £35.00 (Shellac)

## DELUXE Manicure or Pedicure

£40.00 (60 Mins) £45.00 (Shellac)

# Spa Treatment Opening Hours

Open 7 days a week      10:00am - 6:00pm

Please book via leisure reception  
subject to availability