OUR MENU

Food served daily from 12pm

START & SHARE

BUTTERMILK CHICKEN WINGS 6.95

juicy chicken wings with a crispy coating served with a traditional Kentucky BBQ sauce 534 kcal G,S,M,C

POPCORN PRAWNS 7.95

lightly seasoned & breaded prawns served with a tartare sauce 331 kcal G,E,CR,MU

SALT & PEPPER CALAMARI 7.95

hand cut calamari lightly breaded, with a garlic aioli topped with rosemary & paprika salt 497 kcal G,E,MO,C,S,MU

PUNJABI VEGETABLE SAMOSA 5.95

with a date & tamarind chutney 289 kcal G,MU

ONION BHAJIS 5.95

with mint yogurt 660 kcal G,M

POTATO CHILLI BITES 6.45

with sriracha 303 kcal S.MU

LOADED NACHOS 9.95 ©

with jalapeño peppers, topped with melted cheddar and mozzarella cheese. Served with a dipping trio of zingy salsa, refreshing sour cream and chive & smashed avocado 801 kcal S,M

Add pulled beef chilli 126 kcal 3.95 Add oumph 112 kcal S 3.95

PANEER FRIES 6.95

creamy paneer coated in seasoning with sriracha mayo 423 kcal G,M

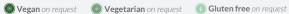
FALAFEL 5.95

crispy coated falafel bites served with a sriracha dip 430 kcal G,SE

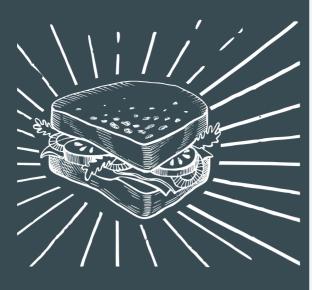
Our suppliers & kitchens handle numerous ingredients & allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be allergen free. The recommende daily calorie intake is 2,000 calories a day for women and 2,500 for men

Allergen Key: C celery, G gluten, F fish, CR crustaceans, E eggs, MO molluscs, M milk, SE sesame seeds, N nuts, MU mustard, P peanut, SO sulphur dioxide, L lupin, S soya









SANDWICHES

CHICKEN TIKKA WRAP 8.50

succulent tikka marinated chicken with fresh lettuce. gently spiced onion bhaji and tangy mango chutney all in a turmeric spiced wrap 710 kcal G,M,SO

MUSHROOM & CHEESE CROQUE 8.50

Sautéed mushrooms with a decadent cheese sauce 686 kcal G,E,M,MU,S,SO

TUNA & CHEESE PANINI 7.95

toasted panini with tuna and melted cheese 683 kcal G.E.M.F.SO

MARGHERITA TOASTIE 7.95

traditional margherita pizza toppings in a toasted panini 612 kcal G,M,SO

Hand stretched sourdough pizza based topped all mozzarella and cheddar cheese

MARGHERITA 9 95 @

our take on the Italian classic 812 kcal G,M

VEGGIE DELUXE 10.95 ⊚

topped with mushroom, red & green peppers, tomatoes & onion. Add jalapeños if you want a little extra heat 844 kcal G.M

MEAT FEAST 12.95

pork sausage, crispy bacon, mushrooms and fried egg 1275 kcal G.SO.M.E

PEPPERONI 12.95

a great classic pizza topped with fiery pepperoni 1053

CHICKEN TIKKA PIZZA 12.95

strips of tikka seasoned chicken, red & green peppers & red onions 935 kcal G,M

BBO OUMPH! 12.95 @

BBQ glazed "plant based" meat with spicy jalapeños, peppers and roasted red onion 939 kcal G.S.M

FISH & CHIPS 14.95

hand made crispy beer battered cod with seasoned chunky chips, traditional mushy peas, tartar sauce and a wedge of lemon 957 kcal G.E.F.MU

GAMMON STEAK 13.95 ①

juicy gammon steak topped with fried eggs or pineapple, served with chunky chips 927 kcal E.M.

SCAMPI & CHIPS 11.95

crispy jumbo scampi with seasoned chunky chips, traditional mushy peas, tartar sauce and a wedge of lemon 832 kcal G.E.CR,MU

BEEF BOLOGNAISE CANNELLONI 12.95

cannelloni pasta stuffed with rich beef bolognaise, baked in spiced tomato ragu and topped with creamy cheese sauce & grilled cheddar, served with garlic bread & a crisp dressed house salad 868 kcal G,E,M,SO,S

CHICKEN TIKKA MASALA 14.95

chicken breast in an authentic masala sauce with wholegrain chapati, fluffy steamed Laila rice, crisp poppadom and a sweet mango chutney 1058 kcal G,M

BATTERED HALLOUMI 11.95 (a)

hand battered halloumi with chunky chips, mushy peas & a garlic aioli 1309 kcal G,E,M,MU

CHICKEN PARMA SALAD 12.95

breaded chicken breast covered in a rich tomato and herb sauce, baked with cheese sauce. Served with garlic bread & crisp dressed house salad 890 kcal G.M.S.SO

SPINACH & RICOTTA CANNELLONI 11.95 @

cannelloni pasta stuffed with spinach and ricotta, baked in spiced tomato ragu and topped with creamy cheese sauce & grilled cheddar, served with garlic bread & a crisp dressed house salad 715 kcal G.E.M.S.SO

TEX MEX CHICKEN BURGER 11.95

breaded chicken fillet with melted cheese, tangy tomato salsa, tortilla chips, seasoned fries and a guacamole dip 1181 kcal G,E,M,MU,SO

BEEF BURGER 12.95

Aberdeen angus beef pattie topped with bacon and cheese, in a toasted brioche bun with fries and onion rings 1201 kcal G.E.M.MU, SO

BBO VEGAN BURGER 12.95

Moving Mountains Burger with a rich BBQ sauce and cheese in a brioche bun served with fries 1118 kcal G.S.SO

HUNTERS CHICKEN 11.95

smokey BBQ sauce smothered on a chicken breast topped with smoked bacon and melted cheese served with chunky chips 997 kcal G,M,C,S

CHICKEN KEBAB 12.95

charcoal cooked chicken kebab on naan bread with salad, mint yoghurt & chilli mayo drizzle and masala fries 1117 kcal G,M,MU,S,SO

MOULES MARINIERE 15.95

Scottish mussels steamed in a white wine & parsley sauce with garlic dipping bread & fries 1032 kcal G,M,MO

STEAK & KIDNEY PUDDING 17.95

steamed pudding stuffed with steak & kidney served with hasselback potatoes and seasoned vegetables 1089 kcal G,M

GRILLED HALLOUMI SALAD 13.95 ©

warm halloumi with sundried tomatoes, fresh olives and a crispy mixed leaf salad topped with a glazed balsamic dressing 861 kcal G.M.SO

RUMP STEAK 15.95

8oz rump steak with chunky chips, vine cherry tomatoes, mushroom & topped with a herby garlic butter 1100 kcal M

LOADED FRIES

fluffy house fries topped with fiery jalapeño peppers, nacho cheese sauce, smashed avocado 605 kcal M,S

Add pulled beef chilli 126 kcal 3.95 Add oumph 112 kcal S 3.95

BACON & CHEESE 5.95

fluffy house fries topped with crispy bacon, melted cheddar, red peppers 654 kcal M,S,CE

SEASONED FRIES 329 kcal M 2.95 CHUNKY CHIPS 376 kcal 2.95 HASSELBACK POTATOES 269 kcal M 3.95 MASALA FRIES 384 kcal G 2.95 SEASONAL SALAD 62 kcal SO 2.95 SEASONAL VEGETABLES 158 kcal 2.95 GARLIC BREAD 305 kcal G.M 2.95 LAILA RICE 173 kcal 2.95



DESSERTS

SYRUP PUDDING 6.50 ®

with vanilla ice cream 593 kcal G,S

APPLE AND BLACKBERRY FLAPJACK CRUMBLE 6.50

with vanilla custard 658 kcal G.SO.M

CHERRY BAKEWELL SPONGE 6.50 (9)

with a red cherry compote and custard 582 kcal G,N,E,M

CHURROS WITH A DUO OF DIPPING SAUCES 6.50 (e)

chocolate & salted caramel, with vanilla ice cream 526 kcal N,G,M,S

BELGIAN WAFFLE 751 kcal G,S 6.50 (8)

chocolate ice cream, whipped cream & chocolate sauce 282 kcal N,S

fruit compote, vanilla ice cream, whipped cream 327 kcal N,E,M,SO (*)

BANOFFEE CHEESECAKE 6.50

with crushed banana chips, vanilla ice cream chocolate sauce 498 kcal E,M



UNLIMITED REFILLS* (per 284 ml)

PEPSI MAX 1 kcal **DIET PEPSI** 2 kcal

R WHITES LEMONADE 30 kcal

*With the purchase of any main meal. Maximum 2 hour period. Please reuse your glass

KIDS' MENU



CHOOSE YOUR MAIN

CHEESE & TOMATO PIZZA 631 kcal G/M COATED CHICKEN GOUJONS chips & peas 423 kcal G FISH FINGERS chips & beans 525 kcal g/MU/M/F SAUSAGE mash & beans 441 kcal g/so.

CHOOSE YOUR ICE CREAM from 53 kcal per scoop

CHOCOLATE S/M/F VANILLA S/M/E STRAWBERRY SIMIF

CHOOSE YOUR DRINK

FRUIT SHOOT ANY VARIETY 10 kcal

MILK 49 kcal (per 100 ml)

BOTTLED WATER

PEPSI MAX 1 kcal, DIET PEPSI 2 kcal OR R WHITES LEMONADE 30 kcal (per 284 ml)

It's easy to order

1 DECIDE ON YOUR 2 NOTE DOWN 3 PLACE ORDER AT 4 WE'LL BRING EVERYTHING THE BAR 4 TO YOU!