## OUR MENU

## START \& SHARE

BUTTERMILK CHICKEN WINGS 6.95 juicy chicken wings with a crispy coating served with a traditional Kentucky BBQ sauce $534 \mathrm{kcal} G, S, M, C$

POPCORN PRAWNS 7.95 lightly seasoned \& breaded prawns served with a tartare sauce 331 kcal G,E,CR,Mu
SALT \& PEPPER CALAMARI 7.95
hand cut calamari lightly breaded, with a garlic aioli topped with rosemary \& paprika salt 497 keal G,,Mo, , ,S,MU

PUNJABI VEGETABLE SAMOSA 5.95 ©○ with a date \& tamarind chutney 289 kcal GMU

ONION BHAJIS 5.95
with mint yogurt 660 kcal G,M
POTATO CHILLI BITES 6.45 -00
with sriracha 303 kcal 5 ,MU
LOADED NACHOS 9.95 ©
with jalapeño peppers, topped with melted cheddar and mozzarella cheese. Served with a dipping trio of zingy salsa, refreshing sour cream and chive \& smashed avocado 801 keal , M
Add pulled beef chill 122 kcal 3.95
Add pulled beef chill 1226 kc
Add oumph 112 kcals 3.95
PANEER FRIES 6.95
creamy paneer coated in seasoning with sriracha mayo 423 kcal $G, M$
FALAFEL 5.95 ©
crispy coated falafel bites served with a sriracha dip 430 kcal , SE




SANDWICHES
CHICKEN TIKKA WRAP 8.50 succulent tikka marinated chicken with fresh lettuce, gently spiced onion bhaji and tangy mango chutney all a turmeric spiced wrap 710 kcal G,M, 50
MUSHROOM \& CHEESE
CROQUE 8.50
Sautéed mushrooms with a decadent cheese sauce
688 keal G.EMMusso 686keal GEM,MUS.SO
TUNA \& CHEESE PANINI 7.95 toasted panini with tuna and melted cheese 683 keal G.E.M.:SO
MARGHERITA TOASTIE 7.95 traditional margherita pizza toppings in a toasted panini 612 keal G.M.SO

## PIZZA

Hand stretched sourdough pizza based topped all opped with a rich tomato sauce and a blend of mozzare a and cheddar cheese

MARGHERITA 9.95 ©
our take on the Italian classic 812 keal $G$ M
VEGGIE DELUXE 10.95 ©
topped with mushroom, red \& green peppers, omatoes \& onion. Add jalapeños if you want a little extra heat 844 keal $G$ M
MEAT FEAST 12.95
pork sausage, crispy bacon, mushrooms and fried egg 1275 keal G.SO,M,E
PEPPERONI 12.95
a great classic pizza topped with fiery pepperoni 1053
kealG, M
CHICKEN TIKKA PIZZA 12.95 strips of tikka seasoned chicken, red \& green peppers \& red onions 935 kcal G ,
BBQ OUMPH! 12.95 ©
3BQ glazed "plant based" meat with spicy jalapeños, peppers and roasted red onion 939 kel C.S., M

FISH \& CHIPS 14.95
hand made crispy beer battered cod with seasoned chunky chips, traditional mushy peas, tartar sauce and a wedge of lemon 957 kcal G.E.,.MU
GAMMON STEAK 13.95
juicy gammon steak topped with fried eggs or pineapple, served with chunky chips 927 kcal E.M
SCAMPI \& CHIPS 11.95
crispy jumbo scampi with seasoned chunky chips, traditional mushy peas, tartar sauce and a wedge of lemon 832 keal G,E,CR,MU
BEEF BOLOGNAISE CANNELLONI 12.95 O
cannelloni pasta stuffed with rich beef bolognaise, baked in spiced tomato ragu and topped with creamy cheese sauce \& grilled cheddar, served with garlic bread \& a crisp dressed house salad 888 keal G,E,M,So,s

CHICKEN TIKKA MASALA 14.95 O
chicken breast in an authentic masala sauce with wholegrain chapati, fluffy steamed Laila rice, crisp poppadom and a sweet mango chutney $1058 \mathrm{kcal} G, \mathrm{M}$

## BATTERED HALLOUMI 11.95 -

hand battered halloumi with chunky chips, mushy peas \& a garlic aioli 1309 kcal G,E,M,MU
CHICKEN PARMA SALAD 12.95
breaded chicken breast covered in a rich tomato and herb sauce, baked with cheese sauce. Served with garlic bread \& crisp dressed house salad 890 kal, , M,S.So

SPINACH \& RICOTTA CANNELLONI 11.95
cannelloni pasta stuffed with spinach and ricotta, baked in spiced tomato ragu and topped with creamy cheese sauce
\& grilled cheddar, served with garlic bread \& a crisp dressed house salad 715 kcal G,E,M,S,SO
TEX MEX CHICKEN BURGER 11.95
breaded chicken fillet with melted cheese, tangy tomato salsa, tortilla chips, seasoned fries and a guacamole dip 1181 kcal G.E,M,MU,SO
BEEF BURGER 12.95
Aberdeen angus beef pattie topped with bacon and cheese, in a toasted brioche bun with fries and onion rings 1201 kcal G, , M,MU,SO
BBQ VEGAN BURGER 12.95 ©
Moving Mountains Burger with a rich BBQ sauce and cheese in a brioche bun served with fries 1118 kcal GS,So
HUNTERS CHICKEN 11.95
smokey BBQ sauce smothered on a chicken breast topped with smoked bacon and melted cheese served with chunky chips 997 kal G.M., C.
CHICKEN KEBAB 12.95
charcoal cooked chicken kebab on naan bread with salad, mint yoghurt \& chilli mayo drizzle and masala fries 1117 kal G,M,MU,SSO
MOULES MARINIERE 15.95 O
Scottish mussels steamed in a white wine \& parsley sauce with garlic dipping bread \& fries 1032 kcal G,M,MO
STEAK \& KIDNEY PUDDING 17.95
steamed pudding stuffed with steak \& kidney served with hasselback potatoes and seasoned vegetables 1089 kcal G.M
GRILLED HALLOUMI SALAD 13.95 ©
warm halloumi with sundried tomatoes, fresh olives and a crispy mixed leaf salad topped with a glazed balsamic dressing 861 kal G,M,SO
RUMP STEAK 15.95
oz rump steak with chun

## LOADED FRIES

TEX MEX 5.95 -
fluffy house fries topped with fiery jalapeño peppers, nacho cheese sauce, smashed avocado $605 \mathrm{kcal} \mathrm{M}, \mathrm{S}$
Add pulled beef chill 126 kcal 3.95
Add oumph 112 keals 3.95
BACON \& CHEESE 5.95
fluffy house fries topped with crispy bacon, melted cheddar, red peppers 654 kal $\mathrm{M}, \mathrm{S}, \mathrm{CE}$

SEASONED FRIES 329 kealm 2.95 CHUNKY CHIPS 376 keal 2.95 HASSELBACK POTATOES 269 kcalm 3.95 MASALA FRIES 384 keal 2.95 SEASONAL SALAD 62 kealso 2.95 SEASONAL VEGETABLES 158 keal 2.95 GARLIC BREAD 305 keal G. 2.95 LAILA RICE 173 keal 2.95

## DESSERTS

SYRUP PUDDING 6.50 ©
with vanilla ice cream 593 keal G,S

APPLE AND BLACKBERRY FLAPJACK CRUMBLE 6.50 © with vanilla custard 658 keal G:SO,M

CHERRY BAKEWELL SPONGE 6.50 ©
with a red cherry compote and custard 582 keal G, $\mathrm{E}, \mathrm{M}$

CHURROS WITH A DUO OF DIPPING SAUCES 6.50 © chocolate \& salted caramel, with vanilla ice cream 526 keal $\mathrm{N}, \mathrm{M}, \mathrm{S}$

BELGIAN WAFFLE 751 keal 6.56 .50 ©
chocolate ice cream, whipped cream \& chocolate sauce $282 \mathrm{kcal} \mathrm{N}, \mathrm{S}$ *
OR
fruit compote, vanilla ice cream, whipped cream 327 keal N,.,M.,.SO **)

BANOFFEE CHEESECAKE 6.50
with crushed banana chips, vanilla ice cream chocolate sauce $498 \mathrm{keal} \mathrm{E}, \mathrm{M}$

## KIDS' MENU

## CHOOSEYOUR MAIN

CHEESE \& TOMATO PIZZA 631 kcal ям 0
COATED CHICKEN GOUJONS chips \& peas 423 kcal o
FISH FINGERS chips \& beans 525 kcal smumif
SAUSAGE mash \& beans 441 kcal G/so

## CHOOSEYOUR ICE CREAM

from 53 kcal per scoop
CHOCOLATE SME
VANILLAs
STRAWBERRY

## CHOOSEYOUR DRINK

FRUIT SHOOT ANYVARIETY 10 kcal
MILK 49 kcal (per 100 ml$)$
BOTTLED WATER
PEPSI MAX 1 kcal, DIET PEPSI 2 kcal or R WHITES LEMONADE 30 kcal (per 284 ml$)$


