

Spa Price List

Facials

Discovery Facial £45.00 (30 Mins)

The effective rescue remedy for perfectly radiant skin. This divine 'taster' facial includes a revitalising massage, essential oils and a gentle polish to smooth and revitalise tired skin.

Expert Facial £85.00 (75 Mins)

Ultimate Vitamin Glow £75.00 (60 Mins)

This facial melts away stress, relieves tension leaving you feeling relaxed. Essential oils are combined with a warm decongesting mask to softly cocoon skin leaving it deeply cleansed, perfectly replenished and glowing with vitality.

Your journey of relaxation starts with our characteristic back massage. Deep cleansing with beautiful aromas combined with blissful pressure and drainage movements produce a deeply relaxing experience.

Massage

Back, Neck & Shoulder $\pm 45.00 \text{ or}$

Warm Stone on Bamboo Massage £50.00 (30 Mins) Everyday stresses & strains simply disappear with our heavenly aromatherapy massages. Created to either relax, detoxify, tone or stimulate. The incredibly soothing sensation of warm aromatherapy balms, expertly blended from an exquisite elixir of natural essential oils help melt away tension and ease stress giving you renewed energy and velvety skin.

Cleansing & Purifying Back Treatment £45.00 (30 Mins)

Decongests and brightens for a beautiful back. Includes a massage to relax and release blocked energy. Essential for pre wedding and holidays, it transforms skin to super smooth and velvety to touch.

Indian Head Massage £45.00 (30 Mins)

A treatment that uses acupressure massage on the head, face, neck and shoulders. Helping to reduce stress, fatigue and eye strain, promoting mental clarity, relaxes and rejuvenation

Full Body £85.00 or

Warm Stone OR Bamboo Massage £90.00 (60 Mins)

The most blissful way to soothe body and mind. Taking you on a personalised sensorial journey, your therapist relies upon intuitive touch in perfect harmony with smooth, heat releasing stones or bamboo sticks. Individually shaped these magical sones or bamboo sticks help release tension, soothe aches and pains and rebalance your inner energy levels, utilising luxurious melting aroma balms to ensure your skin feels silky and soft.

Radiant Mum to be £75.00 (75 Mins)

Using specially selected oils to massage and comfort your body. A back and leg massage followed by a mini facial to leave you feeling truly pampered and relaxed at this special time.

Hands & Feet

Soft Hands £45.00 (30 Mins)

Nurture hard working hands with an indulgent blend of skin smoothers and soothers. Dry, damaged skin is repaired, weak or brittle nails are strengthened. A hand and arm massage leaves you feeling relaxed and pampered (does not include polish)

Soft Feet £45.00 (30 Mins)

Treat sore and tired feet to a restorative exfoliation, relaxing massage and nourishing mask. Transforms dry cracked skin to velvety smooth (does not include polish)

Reflexology £75.00 (60 minutes subject to availability)

Reflexology is associated with many benefits including reducing stress and anxiety, lifting your mood and improving your general well-being. The theory behind the treatment is that areas of the feet correspond to certain organs and systems within the body and when pressure is applied through the use of massage it is believed that this results in the relaxation of and healing of these areas.

Nails

Spa Manicure £35.00 (30 Mins) Cut, reshape, cuticle work and polish.

Spa Pedicure £35.00 (30 Mins) Cut, reshape, cuticle work and polish.

Shellac Manicure £45.00 (45 Mins) Cut, reshape, cuticle work, shellac polish

Shellac Pedicure £45.00 (45 Mins) Cut, reshape, cuticle work, shellac polish

DELUXE Manicure £55.00 (60 Mins)

Treatment consists of cut, reshape, soaking of the nails, cuticle work, massage and polish

DELUXE Pedicure £55.00 (60 Mins) Treatment consists of cut, reshape, soaking of the nails, cuticle work, massage and polish