



THE GEORGE  
COLCHESTER

## STARTERS

### SOUP OF THE DAY 7.95

please ask a member of the team for allergen & dietary requirements **VE/GF**

### ARTISAN BREAD BOWL FOR TWO 10.95

flavoured butter, olive oil & balsamic vinegar 1013 kcal G,M,N,SE,SO **V**

### PRESSED HAM & POACHED EGG 9.95

potato bread, gherkin & grain mustard dressing 763 kcal G,E,M,MU,SO

### MOULES & CHORIZO 12.45

chorizo and tomato mussels, in a smoky chorizo ragu with garlic and wine, grilled homemade bread 836 kcal G,C,MO,SO | *upgrade to a main course, served with fries* 1694 kcal G,MO,C,SO 26.95 **GF**

### BANG BANG CAULIFLOWER BULGOGI 9.45

Asian salad & gochujang sauce, toasted sesame seeds 510 kcal G,SE,S **V/VE**

### BAKED SCALLOPS 13.45

black pudding & pea, crispy prosciutto & butter sauce 636 kcal G,MO,M,SO **GF**

### CRISPY BUTTER CHICKEN 9.95

spiced tomato sauce, minted yoghurt dressing, mango gel & micro cress 381 kcal N,P,M **GF**

### THE GEORGE'S PRAWN COCKTAIL 10.45

prawn & crayfish with Marie Rose sauce, pickled cucumber, crispy lettuce & crisp bread 286 kcal G,E,F,CR **GF**

## SIDES

CHIMICHURRI FRIES 714 kcal SO 5.50

TRUFFLE & PARMESAN FRIES 576 kcal M 6.50

FOUR CHEESE MAC & CHEESE 966 kcal G,E,M 7.95

HAND CUT TRIPLE COOKED CHIPS 254 kcal 5.00

VEGETABLE MEDLEY 139 kcal M 4.50

HOUSE SALAD 58 kcal SO 4.00

SWEET POTATO JACKET, SOUR CREAM AND CHIVE 556 kcal M 5.00

## MAINS

### SPAGHETTI CARBONARA 17.95

poached hens egg, pancetta & crispy prosciutto 1148 kcal G,E,M

### FISH OF THE DAY 18.95

beer battered fish of the day, chunky chips, crushed minted peas, tartare sauce 652 kcal M,G,E,F,SO **GF**

### THE GEORGE BURGER 18.95

caramelised beer onions, Cheddar cheese, bacon, garlic mayo, lettuce, tomato, maple seeded bun, fries 1135 kcal G,E,M,SO

### SPICY TOMATO RISOTTO 20.95

rich tomato risotto, with chorizo, prawns, chicken & mussels 830 kcal M,CR,MO,C,SO **GF**

### PAN FRIED SEA BASS 24.95

saag aloo, curry sauce, kachumber salad, mint & yoghurt dressing 765 kcal M,F **GF**

### SLOW- BRAISED BELLY PORK 23.95

pressed potato & celeriac, crispy crackling, creamed savoy cabbage with smoked bacon, wholegrain mustard jus 1800 kcal G,M,MU,SO

### THE GEORGE'S PIE OF THE DAY 19.95

*please ask your server for todays special, served with mash potato & seasonal vegetables*

### CRISPY PORTOBELLO MUSHROOM BURGER 17.95

avocado salsa, pickled cucumber, shredded carrot, served with fries and pickled slaw 1279 kcal G,E,SO **V**

### CRISPY BUTTER CHICKEN 18.95

fragrant basmati rice, buttered flat bread, onion & cucumber salad, minted yoghurt, mango gel 1081 kcal G,N,M,P **GF**

### PAN FRIED CALVES LIVER 21.95

crispy maple bacon, wilted spinach, red wine jus, chive mash potato 563 kcal M,C,SO **GF**

### CRISPY VEGETABLE KATSU CURRY 16.95

tempura vegetables, katsu sauce, sticky rice 798 kcal G **V/VE/GF**

### MOULES-FRITES 25.95

chorizo and tomato moules, in a smoky garlic ragu, served with grilled homemade bread and fries 1694 kcal G,C,MO,SO **GF**

## STEAKS

### 8oz CHAPEL SMOKEHOUSE RIB EYE 34.95

roasted mushroom & roasted tomato, watercress & red onion salad, skinny fries 942 kcal MU,SO **GF**

### 6oz CHAPEL SMOKEHOUSE FILLET STEAK 38.95

roasted mushroom & roasted tomato, watercress & red onion salad, skinny fries 915 kcal MU,SO **GF**

Choose a sauce

Béarnaise M,E | Peppercorn M,SO | Red wine jus C,SO | Chimichurri SO

**VE** Vegan on request | **V** Vegetarian on request | **GF** Non Gluten on request



## SANDWICHES & SALADS

Served 12:00-17:00 | All sandwiches are served with seasoned fries

### THE GEORGE CLUB SANDWICH 14.95

chicken, streaky bacon, egg mayo, tomato & lettuce 1122 kcal E,G,S **GF**

### SMOKED SALMON & CREAM CHEESE 13.95

open sandwich on sourdough, layered prawns, avocado mayo & dill 1035 kcal G,E,M,F,SE,S,CR,SO **GF**

### PESTO CHICKEN CIABATTA 12.95

chicken breast, pesto mayonnaise, mozzarella & rocket 1176 kcal G,N,P,E,M,S,SO

### FISH FINGER SANDWICH 14.95

baby gem lettuce, tartare sauce, homemade fish fingers, served in a country loaf bloomer bread 1142 kcal G,E,SO,F,S **GF**

### TOASTED CROQUE MONSIEUR 11.95

Suffolk ham, cheddar cheese, béchamel sauce 972 kcal G,M,MU,S,SO

### CAESAR SALAD 11.95

baby gem lettuce, parmesan, croutons, anchovies, Caesar dressing 457 kcal G,E,M,F,S  
Add Chicken 133 kcal | Smoked Salmon 120 kcal F | Prawns 81 kcal CR 5.00 **GF/V**

### SPRING GARDEN SALAD 13.95

baby spinach, tender asparagus, sweet peas, radish, broccoli florets, crisp cucumber & lemon vinaigrette 258 kcal MU,SO  
**GF/V/VE**

### HONEY & LIME CHICKEN SKEWERS 14.95

Khobez flat bread, herb & yogurt dressing, pomegranate & hot honey dressing 597 kcal G,M,SE

## SMALL PLATES

### MARINATED OLIVES 5.95

217 kcal M **GF/V**

### FOCACCIA, OLIVE OIL & BALSAMIC 5.95

459 kcal SO,G,N,SE **V/VE**

### ITALIAN HOUMOUS 5.95

pitta bread, crisped chickpeas & topped with mixed seed  
774 kcal G,SE,N,P **V**

### CRISPY HALLOUMI 6.95

sweet chilli dressing 645 kcal M **GF/V**

### DEVILLED WHITEBAIT 6.95

crispy coated whitebait, garlic aioli & grilled lemon 453 kcal  
G,E,F

### BANG BANG CAULIFLOWER 6.95

korean gochujang sauce 397 kcal G,S **V/VE**

### CRISPY PORK BITES 6.95

sage, crispy onion, apple & chervil sauce 487 kcal G,SE,S **GF**

### TEMPURA TENDERSTEM BROCCOLI 5.95

blue cheese dressing 343 kcal G,E,M **GF/V**

### SALT & PEPPER SQUID 7.25

with garlic aioli dip 354 kcal G,E,MO,MU,S

### DUCK SPRING ROLLS 6.50

with chilli dressing 330 kcal G,SE,S,N,P

### SAUSAGE IN BATTER 6.50

brown sauce 422 kcal G,SO

3 SMALL  
PLATES FOR  
£17.50

## DESSERTS

### PAIN PERDU 9.45

vanilla ice cream, poached peach and peach syrup 602 kcal G,E,M **GF**

### STICKY TOFFEE & BISCOFF PUDDING 8.95

butterscotch sauce and vanilla bean ice cream 551 kcal G,N,M **VE**

### TIRAMISU 9.95

with black cherry and dark chocolate 724 kcal G,E,M,S

### GRAPEFRUIT & BLOOD ORANGE PANNA COTTA 8.95

watermelon gel, pistachio granola 392 kcal G,N,M,P

### LEMON MERINGUE TART 8.95

crème fraîche and fresh berries 802 kcal G,E,M

### SELECTION OF ICE CREAMS & SORBETS 6.95

please ask a member of the team for allergen & dietary requirements  
**GF/V/VE**

### GEORGE'S SPECIAL CHEESECAKE 9.45

please ask a member of the team for allergen & dietary requirements

### CHEESE BOARD 11.95

trio of cheeses, with crackers, treacle malt loaf, celery,  
candied walnuts apple & fig chutney 716 kcal G,N,M,C,SO,P **GF**

Our suppliers & kitchens handle numerous ingredients & allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be allergen free. The recommended daily calorie intake is 2,000 calories a day for women and 2,500 for men. Allergen Key: C celery, G gluten, F fish, CR crustaceans, E eggs, MO molluscs, M milk, SE sesame seeds, N nuts, MU mustard, P peanut, SO sulphur dioxide, L lupin, S soya

**VE** Vegan on request | **V** Vegetarian on request | **GF** Non Gluten on request

All tables will be subject to a discretionary service charge of 12.5%